

Your Gateway to Community Resources

Under the Older Americans Act, the Coastal Regional Commission serves as the Area Agency on Aging (AAA) for residents of Bryan, Bulloch, Camden, Chatham, Effingham, Glynn, Long, Liberty, and McIntosh counties. All information submitted to the AAA is confidential and used solely to determine eligibility for requested services.



1-800-580-6860



Caregiver Assistance Program



Caring for Our Own



1-800-580-6860



What services are available?

Caregiving may be one of the most important roles you will undertake in your lifetime. Typically, it is not an easy role, nor is it one for which most of us are prepared.

Caregivers often request assistance through services that have not traditionally been offered in our communities. An in-home assessment will be conducted by a CAP Case Manager and appropriate services will be determined based on the caregiver's circumstances. A care plan is developed and appropriate services are delivered.

The overall goal of this program is to provide relief for caregivers whose caregiving responsibilities place high level of stress and burden on them physically, socially and emotionally. Ideally, supportive services will delay or even eliminate the need to place a loved one in a long-term care facility.

Who is eligible for the Caregiver Assistance Program (CAP)?

CAP offers support services to those people who are primary caregiver for their family or friends in the community. To be eligible, one must be:

- An adult family caregiver (age 18 or older) or another adult caregiver who:
 - (a) provides informal care to an older individual (age 60 or above); **OR**
 - (b) provides informal care to a person of any age with Alzheimer's disease or a related dementia, **OR**
- A grandparent or other relative caregiver (age 55 or older) who provides care to a child under age 18, **OR**
- A parent, grandparent, or other relative caregiver (age 55 or older) who provides care to an adult relative with a disability who is between 19 and 59 years of age, **AND**
- The care recipient and caregiver are residents of Camden, Glynn, or McIntosh counties.

All caregivers interested in receiving services are assessed for stress and caregiver burden by the Coastal Area Agency on Aging. Those caregiver identified as "most in need" receive priority referral for services.



Is there a fee for services?

Services are provided within the financial guidelines of the Caregiver Assistance Program at no cost to the caregiver, as funding permits.

How do I apply for CAP?

Contact the Coastal Area Agency on Aging to speak with an Information and Assistance Specialist or Gateway Specialist. You will be asked a series of questions about the impact caregiving has on you physically and emotionally. Your household income will also be discussed at the time of assessment. For further information or to apply for services, please call:

1-800-580-6860

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www.crc.ga.gov/aaa